

June 2022

Coconino Boys Basketball

Lifting/Conditioning	*Subject to change
M/W/F-10am-11am	

MOM	TUE	WED	THU	FRI	SAT	SUN
	T' A Day of	1	2	3	4	5
Memorial Day	First Practice (11am-1:00pm) Parent Meeting(7pm)	 Practice(11am- 12:30pm) Lifting(10am- 11am) 	• Practice (11am-12:30pm)	 NAU Team Camp (Varsity) Lifting (10am-11am) 	Nau Team Camp (Varsity)	
6	7	8	9	10	11	12
 Monday night league(4pm-9pm) Lifting(10am-11am) 	Open Gym (11-1)	 Practice(11am- 12:30pm) Lifting(10am- 11am) 	• Practice (11am-12:30pm)	Open GymLifting (10am-11am)	GCU Varsity Team Camp	
13	14	15	16	17	18	19
 Monday night league(4pm-9pm) Lifting(10am-11am) 	Open Gym (11-1)	Practice(11am- 12:30pm)Lifting(10am- 11am)	• Practice (11am-12:30pm)	 Open Gym JV(11am) Lifting GCU Varsity Team Camp 		
20	21	22	23	24	25	26
 Monday night league(4pm-9pm) Lifting(10am-11am) 	Open Gym (11-1)	 Practice(11am- 12:30pm) Lifting(10am- 11am) 	• Practice (11am-12:30pm)	 Lifting (10am-11am) Open Gym(11am) 		
27	28	29	30			
 Monday night league Tourney(4pm- 9pm) Lifting(10am- 11am) 	Open Gym (11-1)	 Varsity Games @Coco (11am-4pm) Lifting(10am- 11am) 	Varsity Games @Coco(11am- 4pm)			